

## Appetisers / Blwyddynau

SELECTION OF BREADS  
Served with Olive Oil & Balsamic. (V, VG) £5.50

HOUMOUS \*  
Smooth houmous served with chargrilled pitta.  
Drizzled with spicy chilli oil & topped with sesame seeds. (VG) £6.00

OLIVES  
Sicilian olives, marinated in a citrusy blend of orange & lemon. (GF, VG) £5.50

GARLIC BREAD \*  
Warm, crusty bread with garlic butter. (V) Small: £5.50 Large: £6.00

CHEESY GARLIC BREAD \*  
Our classic garlic bread, with a melting of mature cheddar cheese. (V)  
Small: £6.00 Large: £6.50

## Starters / Dechreuwyd

SOUP OF THE DAY \*  
Served with warm, oven-baked bread. (V) £8.00

WILD BOAR & PLUM PATE \*  
With Welsh Apple Chutney & Toasted Sourdough. £9.50

PRAWN & AVACADO SALAD  
With Iceberg lettuce, cucumber & a Marie Rose Sauce. (GF). £9.50

ASIAN STYLE SALT & PEPPER SQUID  
With Kimchi & a Nuroc Cham Dip. £9.50

SOUTHERN FRIED QUORN BITES  
With vegan Sriracha Mayonnaise Dip. £9.50

OVEN BAKED CAMEMBERT CHEESE \*  
With plum & apple chutney and baked ciabatta. Ideal for 2 people. (V) £18.00

V = Vegetarian | VG = Vegan | GF = Gluten Free

All sauces are Gluten Free. An allergen guide is available upon request. Ask your server for details.  
Items denoted with an \* can be made Gluten Free, please see your server. GM Oil may be used for frying.

## Main Courses / Prif Gyrsiau

SLOW ROASTED BREAST OF MINTED WELSH LAMB  
With roasted hips cabbage, rosemary Parmenter potatoes & a Red Wine Sauce. £23.00

STEAMED COD LOIN FILLET\*  
With dill crust, tenderete broccoli with a caper, tarragon & lemon cream sauce serve with buttered new potatoes.  
£25.00

CHICKEN & GOATS CHEESE TAGLIATELLE  
Pieces of chicken breast, crumbled goats cheese, slow roasted tomatoes & a cream sauce with rocket & toasted pine nuts. £18.00

MARINATED VEGETABLE SKEWERS  
Courgette, aubergine, peppers, red onion & cherry tomatoes marinated in a sweet n spicy Korean glaze with Stir fried tender stem broccoli, pok-choi & kimchi with braised basmati rice. £21.00

ROASTED CAULIFLOWER STEAK  
Charred & roasted cauliflower steak with a Prosociano & pine nut crust & a rich macaroni cheese. £18.00

CLASSIC CHICKEN CAESAR SALAD  
With cos lettuce, crisp bacon bits, crostini, parmesan shaving & Caesar dressing. £19.00

FISH & CHIPS \*  
Battered haddock served with steak-cut chips & a side of garden or mushy peas. £19.50  
(Add Chip Shop Style Curry sauce £2.50 / Add Bread & Butter £1.50)

GRILLED 12OZ GAMMON \*  
With a sweet grilled pineapple slice & a fried egg. Served with steak-cut chips & onion rings. £21.00

CLASSIC BEEF LASAGNE  
Layers of pasta, beef & rich tomato sauce. Served with a side salad. £19.00

CURRY OF THE DAY \*  
Our chef's authentic curry. Served with braised rice, naan bread, poppadoms, mango chutney & mint yoghurt.  
(V, VG Available) £19.00

THE ABERDUNANT BURGER \*  
6oz Welsh Beef patty with Gauda & Emmental cheese slices, potatoes & onion hash brown and house burger sauce. £19.00.  
(Add Extra Beef Patty £ 2.50 / Add Bacon £2.50)

VEGETARIAN BURGER  
1/4lb vegetarian patty with roast mushroom, potatoes & onion hash brown, sweet chilli jam & house burger sauce. (V, VG Available) £18.00  
(Add extra Patty £2.50 / Add Cheese £2.50)

All burgers served on a pretzel bun with red onion, lettuce, gherkin, onion rings, french fries & house slaw.

## Side Orders / Prwydau Ar Yr Ochr

STEAK CUT CHIPS £4.00 FRENCH FRIES £4.00 JACKET POTATO £4.00

HERBED NEW POTATOES £4.00 SEASONAL VEGETABLES £4.00 PEAS £1.50

BAKED BEANS £1.50 ONION RINGS £3.50 SIDE SALAD £4.00 BREAD ROLL £1.50

## From the Grill

*Cooked to your liking by our professional chefs*

RUMP STEAK / STECEN FFOLEN *	£25.00	FILLET STEAK / STECEN FFILED *	£36.00
RIB EYE STEAK / STECEN ASEN *	£32.00	SALMON STEAK / STECEN EOG * <sup>1</sup>	£21.00
SIRLOIN STEAK / STECEN SYRLWYN *	£29.00	CHICKEN BREAST / BREST CYW IÂR * <sup>1</sup>	£19.00

## Try our Steak on the Stone

*Our signature-house, pure Welsh Steaks are available to be cooked on a hot Lava Stone exactly the way you like. Every mouthful is guaranteed to be as hot and delicious as if it were the first.*

### GARNISH / GARNAIS

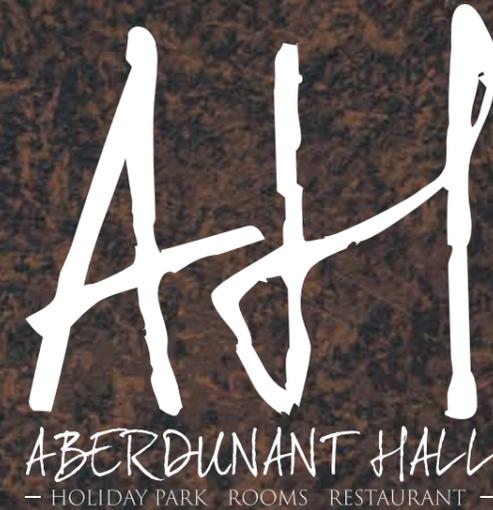
Served with Tomato, Mushroom, Onion Rings and choice of Potato

### STEAK SAUCES (GF) £4.50

Homemade by our Chefs

Peppercorn Stilton Diane

<sup>1</sup> Not available "On The Stone". Please note, by requesting the Chefs cook your steak they cannot be served on the Stone.



## MENU

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Mae pob saws yn rhydd o glwten. Mae canllaw alergenau ar gael ar gais. Gofynnwch i'ch gweinydd am fanylion. Gellir gwneud eitemau a ddynodir â \* yn Ddi-glwten. Gellir defnyddio Olew GM ar gyfer ffrio.